



National  
Qualifications  
2019

**X863/76/11**

**Psychology**

WEDNESDAY, 29 MAY

1:00 PM – 3:40 PM

**Total marks — 80**

**SECTION 1 — INDIVIDUAL BEHAVIOUR — 40 marks**

Attempt Question 1 and **ONE** other from Questions 2, 3 or 4.

**SECTION 2 — SOCIAL BEHAVIOUR — 40 marks**

Attempt Question 5 and **ONE** other from Questions 6, 7 or 8.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.



\* X 8 6 3 7 6 1 1 \*

**SECTION 1 — INDIVIDUAL BEHAVIOUR — 40 marks**

**Attempt Question 1 and ONE other from Questions 2, 3 or 4**

**Question 1**

**Individual behaviour — sleep and dreams**

- |   |          |
|---|----------|
| (a) Explain psychodynamic processes as they relate to sleep and dreams. | <b>6</b> |
| (b) Explain the impact of drugs on sleep.                               | <b>6</b> |
| (c) Analyse Dement & Kleitman's (1957) study of sleep and dreams.       | <b>8</b> |

**Individual behaviour — optional topic**

Attempt EITHER

Question 2 — depression

OR

Question 3 — memory

OR

Question 4 — stress

**Question 2**

**Individual behaviour — depression**

- |   |           |
|---|-----------|
| (a) Evaluate <b>one</b> study into cognitive causes or treatments for depression. | <b>4</b>  |
| (b) Explain Beck's cognitive triad of depression.                                 | <b>6</b>  |
| (c) Analyse biological treatments for depression.                                 | <b>10</b> |

**[Now go to Question 5]**

**Question 3****Individual behaviour — memory**

- |   |           |
|---|-----------|
| (a) Evaluate <b>one</b> study into the working memory model.    | <b>4</b>  |
| (b) Explain coding, capacity and duration in short-term memory. | <b>6</b>  |
| (c) Analyse explanations of forgetting.                         | <b>10</b> |

[Now go to Question 5]

**Question 4****Individual behaviour — stress**

- |   |           |
|---|-----------|
| (a) Evaluate <b>one</b> study into individual differences in the stress response. | <b>4</b>  |
| (b) Explain the general adaptation syndrome (GAS).                                | <b>6</b>  |
| (c) Analyse types of coping strategies for stress.                                | <b>10</b> |

[Now go to Question 5]

SECTION 2 — SOCIAL BEHAVIOUR — 40 marks  
Attempt Question 5 and ONE other from Questions 6, 7 or 8

Question 5

Social behaviour — conformity and obedience

- (a) 

Rosie and her three friends are discussing where to go on holiday but their budget is limited. Rosie's friends want to go abroad but she wants to stay in the UK. Rosie agrees to go abroad.
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Explain factors affecting conformity that may have contributed to Rosie's decision to go abroad on holiday.

15

You must refer to research evidence in your answer.

- (b) Explain how authoritarian parenting affects obedience.

5

[Turn over

**Social behaviour — optional topic**

Attempt **EITHER**

Question 6 — prejudice

**OR**

Question 7 — social relationships

**OR**

Question 8 — aggression

**Question 6 [if you choose to attempt this question, do not attempt Question 7 or 8]**

**Social behaviour — prejudice**

- (a) Explain **two** types of discrimination. **4**
- (b) Evaluate the authoritarian personality theory of prejudice. **6**

- (c) 

Mrs Singh runs a poster competition between two groups within her class, the winning group will receive a prize. However, on the day of the competition, one group arrives to find their poster has been damaged. Nasty comments about that group have been written all over it. Mrs Singh is now looking for a way to resolve this conflict.

Explain realistic conflict theory with reference to the above scenario. **10**

**Question 7 [if you choose to attempt this question, do not attempt Question 6 or 8]****Social behaviour — social relationships**

- (a) Explain gating as it relates to virtual relationships. **4**
- (b) Evaluate the social exchange theory of romantic relationships. **6**

- (c) 

Sam and Alex met at university where they studied together for four years. They have been in a romantic relationship for a year. Sam is sociable whereas Alex is more reserved. Alex is a keen ghost hunter, whereas Sam doesn't believe in ghosts. This is causing tension in their relationship.
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Explain filter theory with reference to the above scenario. **10**

**Question 8 [if you choose to attempt this question, do not attempt Question 6 or 7]****Social behaviour — aggression**

- (a) Explain evolutionary influences on aggression. **4**
- (b) Evaluate the importation model of aggression. **6**

- (c) 

Alan has recently been sent to prison for fraud committed within the solicitor's firm he is a partner in. He has always been a quiet and reserved person, and enjoys walking in the countryside. When he was first imprisoned, he told his wife that he was afraid due to the level of violence he had witnessed. Now, two months later, his wife has noticed during her visits that Alan has become more aggressive.
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Explain Sykes' deprivation model, with reference to the above scenario. **10**

**[END OF QUESTION PAPER]**

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